



**Project: „Innovative Integration of Video Interaction Training and E-learning in an European Context“
Programme EU: Leonardo da Vinci**



REPORT

Introductory Course VIT 26-28th March 2008 Târgu Mureş, Romania

Trainers:

Rákár Natália, Bartha Éva – Hungary

Participants:

Nr.	Name	Profession	Work place	Email
1.	Kacsó Erika	psychologist	Fundația Talentum Tg. Mureş	kacsoerika@freemail.hu
2.	Bartók Éva	psycho- pedagogue logoped	Gimnaziul Nicolae Bălcescu Tg. Mureş	bartokeva@freemail.hu
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5.	Péter Annamária	logoped	Școala general nr.6 Tg. Mureş	peterannamaria@yahoo.com
6.	Oltyán Csilla	psycho- pedagogue	Fundatia Alpha Transilvania Tg. Mureş	csilikoka@freemail.hu
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8.	Mutca Andrea	psychologist	D.G.A.S.P.C Mures	mutca_andrea@yahoo.com
9.	Köllő Mónika	social worker	D.G.A.S.P.C Mures	monesz77@yahoo.com
10.	Demeter Ágnes	social worker	D.G.A.S.P.C Mures	agnesdemeter@yahoo.com
11.	Jáni Zsuzsa	social pedagogue	Fundația Talentum Tg. Mureş	jzsuzsi@yahoo.com
12.	Pápai Timea	social pedagogue	Fundația Talentum Tg. Mureş	timipapai@yahoo.com

Topic of the course:

- The base principles of VIT
- The history of the method
- The theoretical background of the method VIT
- The process of the method
- Communication elements
- Work with video camera
- VIT method in school
- Micro-analysis of the recordings
- The model of activation- compensation
- The circular model of feed back
- VIT method
- The training system of VIT method

The methods used:

- Games for building up group
- Active methods of learning
- Power Point presentation
- Movie presentation
- Recordings – the analysis of recordings
- Individual and group exercises for VIT therapy

The course had a very pleasant, open atmosphere. The trainers and the participants treated the course with professionalism. Most of the participants had lot of information about the method from the intranet where they could find materials about VIT. The active methods of learning, the practical exercises contributed to the good understanding and learning of the method as well as of the therapeutical attitude.

The course contributed to the strengthening of the local professional network.

Organization:

Talentum Foundation in Tg-Mureş organized and provided the space for the IC. The Foundation specialists invited the professionals and communicated continuously with the participants and trainers for fixing the dates of the IC and the organization details.

The IC took place in good conditions, the foundation provided the technical equipment, the desks, and materials as well as it provided the refreshments for creating a pleasant and comfortable atmosphere for the participants.

All the technical equipment which was necessary for the IC was provided by the trainers.

Evaluation of the IC:

1. What do you like the most at this course?

- The trainer training and their professional skills
- The trainers way of presenting

- The trainers flexibility
- The structure of the IC
- The structure of the group
- The positive atmosphere of the group
- Work in little groups, team work
- The practical character
- The information about method and the method applicability
- The character of the method: oriented to a purpose, quick results, used on any social category
- The development of positive thinking
- The exploitation and strengthening of the interior resources of the participants

2. *Do you think that the course is useful for your professional development? What about for your personal development?*

- All the 12 participants considered the IC very useful in their professional and personal development
- The participants gained abilities that can be used in their work with families, foster parents, children, in school
- The principles of the method can be used in the daily life of psychologists, psycho-pedagogues, social workers
- The IC offered a new perspective of solving some psychosocial situations
- The course contributed to the self development of the participants
- The method offers a feed back fro the professional development
- The participants considered that the knowledge that they gained in this IC could be used in their work with family and children

3. *Do you want to use the method??*

- All the participants want to use the method
- Fields in which they want to use the method: work with families, child protection, in school, early intervention, family with children with disabilities.
- All the participants want to continue the training in VIT with the two trainers

4. *What obstacles do you see in using the method?*

- No obstacles (4 participants)
- Lack of cameras, access to equipment (8 participants)
- Lack of publicity of the method (1participant)
- For the social workers who participated to the IC: high number of cases, the standards are not respected, rigidity concerning the new methods at work

5. Conclusions:

The course was a success, it raised the participants interest concerning the method, formed the therapeutical attitude that is necessary for this method, transmitted knowledge about VIT method. All the participants want to continue the training in VIT in Hungarian language with the two trainers.